

HILLCREST MONTESSORI ACADEMY



2026 SUMMER CAMP PARENT HANDBOOK

PROGRAM INFORMATION &
CAMP GUIDELINES

WELCOME TO HMA SUMMER CAMP

Welcome to the 2026 Summer Camp at Hillcrest Montessori Academy!

Our summer camp provides children with a safe, engaging, and enriching environment where they can explore new interests, develop skills, build friendships, and create lasting memories. Through sports, creative activities, and life-skills experiences, children are encouraged to grow in confidence, independence, teamwork, and creativity.

Vision

To provide a safe, engaging, and enriching summer experience that nurtures children's physical health, creativity, confidence, and social development through structured sports, fine arts, and life-skills activities.

Our summer camp aims to:

- Promote active and healthy lifestyles through organized sports, fitness activities, and physical skill development.
- Develop teamwork, leadership, resilience, and cooperation through group activities, games, and challenges.
- Foster sportsmanship, strategic thinking, and confidence through movement-based activities.
- Encourage age-appropriate independence while supporting children as they explore new physical challenges and personal achievements.
- Enhance creativity and self-expression through arts, music, and culinary experiences.
- Provide a high-quality, inclusive, and enjoyable summer experience where physical activity, creativity, and personal growth are at the heart of learning.

Program Goals

Our summer camp is designed to provide a balanced, safe, and enriching experience that supports children’s overall development.

Our goals are to:

- Balance physical activity with opportunities for creativity, exploration, and self-expression.
- Provide structured daily routines that promote comfort, confidence, and positive participation.
- Support children’s social-emotional growth through teamwork, cooperation, and positive relationships.
- Encourage skill development and personal growth by focusing on exploration and improvement rather than competition.
- Maintain a safe, inclusive, and well-supervised environment while following Alberta childcare standards and guidelines.

Our Program Details

July 6th to Aug 28th, 2026

Full-Day Camp Fee:
\$180/week

Hours:
8:30 AM – 4:30 PM

Half-Day Camp Fee:
\$90/week

Morning Session:
8:30 AM – 12:30 PM
Afternoon Session:
12:30 PM – 4:30 PM

Full-Day Drop-In Fee: **\$40/day**

Hours:
8:30 AM – 4:30 PM

Half-Day Drop-In Fee: **\$20/day**

Available sessions:
Morning:
8:30 AM – 12:30 PM
Afternoon:
12:30 PM – 4:30 PM

Registration Fee: \$20

Operating Hours: 8:30 AM – 4:30 PM

Location:190 Tamarack Way, Fort McMurray

Core Activity Areas

Our summer camp provides a balanced experience that combines physical activity, creativity, and life-skills development. Children participate in structured activities designed to encourage confidence, teamwork, creativity, and personal growth.

Sports & Physical Activity

Children will develop physical skills, coordination, teamwork, and confidence through:

- **Badminton**
 - **Soccer**
 - **Volleyball**
 - **Basketball**
 - **Cooperative games and fitness challenges**
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Fine Arts & Creative Programming

Creative activities encourage self-expression, imagination, and exploration through:

- Visual arts (drawing, painting, crafts, and creative projects)
 - Music (rhythm, movement, and basic instruments)
 - Culinary basics (no-cook activities and supervised cooking experiences)
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Life Skills & Team Building

Children will strengthen communication, leadership, and problem-solving skills through:

- **Leadership games**
- **Problem-solving challenges**
- **Group projects**
- **Communication and collaboration activities**

Staff Qualifications

Our program counsellors, assistant coordinators, mentors, and instructors have extensive experience working with children in recreational and educational activities.

All staff members have:

- Current Criminal Record Checks
- Current First Aid and CPR certifications
- In-house training, including Conflict Resolution and positive guidance practices

Our team is committed to creating a safe, supportive, and positive environment where children can learn, explore, and enjoy their summer experience.

Medical Information & Health Guidelines

Please ensure your child's health information is complete and up to date before the start of camp.

Children who are not well enough to participate in outdoor play and daily activities are not well enough to attend camp.

If a child becomes ill during the camp day:

- **Parents/guardians will be contacted by the office staff.**
- **Parents are responsible for arranging prompt pick-up after notification.**
- **Children may return to camp once they are feeling well and able to participate fully. A medical note may be requested when necessary.**

Behaviour Expectations & Discipline

We believe a positive camp experience is built on respect, kindness, and cooperation.

The following expectations apply to all participants, staff, parents, and volunteers:

- Respect for yourself.
- Respect for others.
- Respect for materials, tools, and equipment.
- Respect for the environment.

Our goal is to support children in developing positive social skills, responsibility, and problem-solving strategies.

Removal from camp is considered only as a last option. Parents are encouraged to discuss respectful behaviour and camp expectations with their children before attending camp.

Food & Nutrition

All lunches and snacks must be provided from home.

As many activities and lunch breaks may take place outdoors, families are encouraged to use insulated containers or thermoses for hot and cold foods, as microwave access may be limited.

We encourage families to provide healthy and nutritious food choices.

If your child has any food allergies, dietary restrictions, or special requirements, please notify the camp office immediately.

Camp Gear & Personal Items

All participants should bring the following items daily:

- **Weather-appropriate clothing**
- **Hat or sun protection**
- **Backpack (mandatory)**
- **Reusable water bottle**
- **Sunscreen**
- **Mosquito repellent**
- **Running shoes suitable for activities**
- **Extra change of clothes in case of spills or accidents**

Please ensure all personal belongings are clearly labeled with your child's name.

Parent Partnership

We believe that strong communication between families and the camp team helps create the best experience for children.

Parents are encouraged to:

- Share important information about their child's needs.
- Review camp expectations with their child.
- Communicate any questions or concerns with the camp administration using info@fmamacad.com or calling (587) -258-1777.

Our team looks forward to working together with families to provide a safe, fun, and memorable summer experience.



Good news for families!

**Eligible families may qualify for
up to \$600
in KidSport Wood Buffalo funding to support
registration for the 2026 HMA Summer
Camp! ⚽**

Funding is subject to eligibility requirements
and approval through KidSport Wood Buffalo.

Please apply with this link
[https://kidsportcanada.ca/alberta/wood-
buffalo/apply-for-a-grant/](https://kidsportcanada.ca/alberta/wood-buffalo/apply-for-a-grant/)

Please indicate **ELITE SOCCER CAMP**